

# Kitchen to Table

## Kitchen to Table tour – Umbria

Friday 6<sup>th</sup> to Friday 13<sup>th</sup> June 2025

7 nights/8 days

Hosted by Meredith from Kitchen to Table

### ITINERARY

#### DAY 1 – Friday 6<sup>th</sup> June 2025

Time TBC (Approx 2pm) - Transfer from Rome airport to Chiesa del Carmine.

Welcome to Umbria! Upon arrival at our villa in Umbria, enjoy a welcome refreshment prepared by Carmine Estate Chef on arrival.



Free afternoon to relax at the villa with a glass of wine and enjoy the surrounds of the villa, including the heated swimming pool, gardens, vineyard, olive grove and numerous walking tracks.

7pm - Welcome dinner at Villa – traditional Umbria dinner prepared by local chef using estate grown local produce and tasting estate grown Wines.

#### **(Refreshment & Dinner)**

#### DAY 2 – Saturday 7<sup>th</sup> June 2025

7.30am to 9.30am - Breakfast at the villa.

9.30am - Truffle Hunting on Carmine estate with local truffle hunter and his dog.



12pm - Lunch at Vinera del Carmine before returning to villa for rest and relaxation.

7pm - Dinner at the villa by staff.

#### **(Breakfast, Lunch, Dinner)**

### **DAY 3 – Sunday 8<sup>th</sup> June 2025**

7.30am to 9.30am - Breakfast at the villa.

#### **10am - Assisi & Spello full day tour**

Our guided walk through **Assisi** – justly acclaimed “crown jewel of the medieval hill towns” – encompasses its rich historical and artistic heritage. The tour starts in the stunning 3-level Romanesque/Gothic Basilica di San Francesco built in the 13th c. to house the body of St. Francis of Assisi, patron saint of Italy and most beloved of all saints for the Italians.



Lunch at a local restaurant in Spello

Tour of **Spello** including visit Baglioni Chapel in Spello, featuring Pinturricchio's fresco.

The tour will trace the Roman roots of Spello, take in medieval wonders (including a cloister not open to the public), see a couple Renaissance treasures, learn how the Baroque wins out in a couple churches and meet an extraordinary Franciscan contemplative – who has lived on his own for over thirty years.



6pm - Return to villa.

7pm - Dinner at the villa by staff.

**(Breakfast, Lunch, Dinner)**

### **DAY 4 – Monday 9<sup>th</sup> June 2025**

7.30am to 9.30am - Breakfast at the villa.

#### **10am - Tour of Cortona**

Depart Carmine for a morning tour of hilltop town in Tuscany, Cortona. Made famous by the book and movie, 'Under the Tuscan Sun.'



1pm - Lunch at the beautiful Umbrian lake, Lake Trasimeno



5pm - Return to the villa.

7pm - Pizza night at Vineria del Carmine for dinner.

**(Breakfast, Lunch, Dinner)**

**DAY 5 – Tuesday 10<sup>th</sup> June 2025**

7.30am to 9.30am - Breakfast at the villa.

9.30am to 12:30pm - Guided walking tour of Chiesa del Carmine Valley.

12:30pm - Lunch at Il Caldaro Restaurant.

Free afternoon to relax at the villa.

7pm - Dinner at a restaurant in Montone, ranked in top 100 most beautiful towns in Italy.



**(Breakfast, Lunch, Dinner)**

**DAY 6 – Wednesday 11<sup>th</sup> June 2025**

7.30am to 9.30am - Breakfast at the villa.

9:30am - Visit Umbertide market with Meredith, choose fresh produce for cooking class.

Transfer to Vineria del Carmine for cooking class followed by lunch.

3pm – Return to the villa

Afternoon at leisure

7pm – Light dinner at the villa

**(Breakfast, Lunch, Dinner)**

**DAY 7 – Thursday 12<sup>th</sup> June 2025**

7.30am to 9.30am - Breakfast at the villa.

**10am - Guided tour of Perugia and free time**



12pm - Enjoy a visit of a chocolate shop and chocolate making class

1pm - Lunch in Perugia at a local restaurant

4pm - Return to villa

7pm – Farewell dinner at the Villa by staff.

**(Breakfast, Lunch, Dinner)**

**DAY 8 – Friday 13<sup>th</sup> June 2025**

Farewell breakfast prepared by Carmine staff

Departure from Chiesa Del Carmine at 10am.

Private transfer with English-speaking driver from the villa to Rome airport.

***Arrivederci e Buon viaggio!***

**(Breakfast)**



### **Features and Inclusions**

- Meredith as your personal host throughout the tour
- 7 nights' villa accommodation in Umbria <https://chiesadelcarmine.com/church-farmhouse/>
- Fully escorted excursions, scenic drives, sightseeing visits as described in the itinerary
- All entrance fees/tickets to listed visits
- Local tour leader, professional guides for all excursions
- Transfers throughout with English Speaking driver
- All meals as outlined in the itinerary including 7 breakfasts, 7 lunches, 7 dinners (with beverages\*)
- Minibus transfer with English speaking driver from Rome airport to Chiesa del Carmine villa at the start of the tour and from Chiesa del Carmine villa to Rome airport on the final day

*\*Please note that meals do include a limited amount of beverages (wine, water, tea/coffee), however additional beverages and snacks are not included in the tour*

### **COST**

**\$9,250 per person/twin share** (excludes airfares and taxes)

**Early bird Discount of \$500 per person if booked and deposit paid before 31<sup>st</sup> July 2024**

**Pay only \$8,750 per person/twin share.**

**Single supplement**

**\$3,000**

**Deposit**

**AUD \$3,000 per person upon booking**

**(Non-refundable)**

**Final payment is due no later than 28<sup>th</sup> February 2025**

### **TERMS & CONDITIONS**

Final payment is due no later than 28<sup>th</sup> February 2025. Cancellations of bookings will be subject to AUD \$3,000 per person cancellation fee plus any charges imposed by the principals operating the tour. Cancellations after final payment can be up to 100% cost of the tour.

Prices specified are based on tariffs applicable at the time of printing; these may be subject to change without prior notice until final payment date. Group cost quoted for this tour is based on a minimum of 10 guests. If the minimum number of guests is not reached the tour will be cancelled and deposits will be refunded to those that have paid. Itinerary and accommodation subject to change.

Please note that you will be staying in a unique property, and the rooms vary in size and style. As this is a large residential property, the rooms do not have mini-bar or tea and coffee making facilities, these can be found in the main kitchen for guests to utilise at any time. There are some rooms which have stairs to reach them - if you have an issue with being allocated a room with stairs, please inform at the time of booking and every effort will be made to allocate you a room with no stairs.

If Meredith Morschel is not able to fulfil her commitment as host due to illness or death, either to themselves or of a family member, then a suitable replacement will be engaged to host the tour in their place. Cancellations will not be accepted in the unlikely event of this happening.

**Travel Insurance**

It is a condition of booking that you, the traveller, purchase travel insurance which provides cover for such things as pre-tour cancellation, personal accident and sickness (including COVID), medical expenses, emergency evacuation/repatriation, loss of luggage and personal effects.

**Travel documents**

Travel documents/Vouchers will be sent via email 30 days prior to the traveller's arrival in Italy.

**Refunds**

All refunds will be processed within 30 days of cancellation.

**Visa/entry requirements**

It is the traveller's responsibility to ensure they have the correct visa and meet all entry requirements into Italy.

**Unforeseen circumstances**

Avanti Italy and its suppliers intend to provide you with all services as mentioned in the tour itinerary. In rare cases, when it is not possible to fulfill a service due to availability of requested service, we will provide a suitable alternative comparable in price and standard.

If any event beyond control of Avanti Italy and its suppliers occurs, whether it be airport or seaport closures, war or terrorist threats, civil unrest, or any other unforeseen circumstance, causing either delays or change of vacation arrangements, Avanti Italy cannot accept liability for any resulting loss, damage or expense and any refund will be subject to deduction of reasonable expenses.

**Photography**

In booking this tour, you agree with allowance of your photograph to be taken on tour and that it can be used for marketing/promotion purposes.

**Please note that your booking is not secured until the booking form has been completed and returned and deposit payment has been made.**

**CONTACT**

For further information contact, Emily Tassone at Avanti Italy

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