

Kitchen to Table

Kitchen to Table tour – Sicily

Friday 24th October to Monday 3rd November 2025

10 nights/11 days

Hosted by Meredith from Kitchen to Table

ITINERARY

Friday 24th October 2025 – PALERMO

Arrival into Palermo Airport (Flt. TBA) - Enjoy a private transfer with English speaking Driver from the airport to your hotel – On arrival at Palermo Airport your driver will await you in the arrivals area with a sign saying **MEREDITH PARTY.**

On arrival check into Grand Hotel Piazza Borsa for 3 nights.

Grand Hotel Piazza Borsa is well located in the centre of Palermo, making it an ideal location for sightseeing and immersing yourself in this colourful city.



Afternoon at Leisure to enjoy Palermo on your own...

Dinner in a Local restaurant – 3 courses meal with beverages included...

(D)

Saturday 25th October 2025 - PALERMO

Enjoy Breakfast in Hotel.

Enjoy a wonderful experience cooking with The Duchess of Palma in an 18th Century palazzo...We'll spend the day learning about Sicilian food and culture starting with a visit to the colourful Il Capo market. Here the Duchess will guide us through an incredible array of fresh seafood, fruit and vegetables, spices, freshly baked breads, and other Sicilian specialties. After the market, we'll return to the Palazzo for a wander through the organic gardens where we'll pick fresh herbs and flowers. Next, it's time to venture into the kitchen to create a delicious Sicilian meal under the guidance of The Duchess. Afterwards, we'll sit down in the elegant dining room to enjoy the fruits of our labour.

After lunch, we'll be taken on a tour of the Palazzo, which was once the home of Prince Guiseppe Tomasi di Lampedusa, author of the world-famous novel *The Leopard*. During the tour you will have the rare privilege of seeing the handwritten manuscript of the Prince's literary masterpiece.



Afternoon at Leisure to enjoy Palermo on your own...

Free evening (dinner own arrangements).

(B, L)

Sunday 26th October 2025 - PALERMO

Enjoy Breakfast in Hotel.

Enjoy an amazing introduction to the beautiful town of Palermo with our local expert guide – Duration 4 hours

Departing from our hotel we will begin our stroll through the medieval area where we will discover some of the main sites from the Baroque and Arabian-Norman times including its beautiful gardens and villas. We will make our way to Piazza Pretoria where we will admire its beautiful Renaissance fountain, the "Quattro Canti" which is the heart of the city and the cathedral. Our stroll will continue to San Giovanni degli Eremiti one of the best known Norman monuments and then on to the magnificent cathedral San Cataldo built in 1160. Our last stop of the day will be the Palazzo dei Normanni the most important monument of Palermo where we will discover the most obvious traces of the Norman period such as the are Torre Pisana, Roger's Room in the Joaria and the Palatine Chapel. During our stroll our guide will be delighted to give some heads up on the best place to stop for a taste of some of the delicious local pastries.



Lunch in a Local restaurant – 2 courses meal with beverages included...

Afternoon at Leisure to enjoy Palermo on your own...

Free evening (dinner own arrangements).

(B, L)

Monday 27th October 2025 – PALERMO/ANNA TASCA LANZA COOKING SCHOOL

Enjoy Breakfast in Hotel.

Check out of your Hotel and settle all extras direct...

Private transfer with English speaking driver from your hotel to Anna Tasca Lanza stopping en route to enjoy a wonderful winery followed by wine tasting & Light lunch...

A fascinating multi-sensory journey into the world of an amazing winery, to discover the precious vines, the cellar, the fine wines and the typical specialties of Sicilian Street food.



On arrival check into Anna Tasca Lanza cooking school to enjoy a Signature Experience for 4 nights...

You can expect to have a special experience at this unique property in the heart of rural Sicily. We'll be staying on a working farm at Case Vecchie, the country home of the Lanza family for the past 200 years. The charming accommodation is rustic but comfortable and provides a wonderful opportunity to relax and soak in the clean air and peacefulness of the countryside. There's time each afternoon to relax by the pool or take a walk around the property.

The cooking school was established in 1989 to share and keep alive the deep traditions and unique dishes of the Sicilian kitchen. During our four-night stay we'll be introduced to an array of Sicilian dishes, ingredients and traditions through our meals and cooking classes (2 cooking classes, 4 breakfasts, 3 lunches and 4 dinners). The communal dining table is at the heart of the kitchen and is laden with the bounty of the season. We'll eat an array of produce grown in the gardens or sourced from local growers and producers. There'll be a visit to a local cheesemaker to watch his daily ritual of making ricotta. We'll also visit the winery at Tenuta Regaleali, the same family property where Casa Vecchie is located, for a wine tasting and insight into the family's involvement in Sicily's wine industry. We'll be visiting during olive harvest so there may be an opportunity to visit the local olive press and taste new season olive oil.

This experience will leave you wanting to stay longer but also eager to share newly-learned Sicilian recipes with family and friends when you return home.

(B, L, D)

Tuesday 28th October 2025 - ANNA TASCA LANZA COOKING SCHOOL

Anna Tasca Lanza cooking school Signature Experience...

(B, L, D)

Wednesday 29th October 2025 - ANNA TASCA LANZA COOKING SCHOOL

Anna Tasca Lanza cooking school Signature Experience...

(B, L, D)

Thursday 30th October 2025 - ANNA TASCA LANZA COOKING SCHOOL

Anna Tasca Lanza cooking school Signature Experience...

(B, L, D)

Friday 31st October 2025 – ANNA TASCA LANZA COOKING SCHOOL/TAORMINA

Private transfer with English speaking driver from Anna Tasca Lanza cooking school to Taormina...

On arrival check into Hotel Villa Taormina for 3 nights

Hotel Villa Taormina is located in the historic centre making it a perfect place to base ourselves for our stay in Taormina. We can take in the spectacular views of Mount Etna and the Ionian Sea from the hotel's roof top terrace, and there's also a plunge pool and tranquil garden in which to relax. The spacious rooms are well equipped and tastefully decorated with a mix of modern and antique furnishings.

It's an easy walk to the boutiques and shops, and the many cafes, restaurants and points of interest in Taormina's historical centre. If you'd like to dip your toes in the sea, the beach area of Mazzarò can be accessed by cable car from the centre of Taormina.



Lunch in a Local restaurant – 2 courses meal with beverages included...

Today we will enjoy an amazing introduction to the town of Taormina with our local expert guide – Duration 3 hours

Our private guide will meet us in our hotel lobby where we will begin our stroll through Taormina, situated on a lofty hill where the site of the old town is about 300 meters above the sea. The downtown area represents a vast range of historical periods from the early Greek settlements and Roman Age to the remains of Byzantine and Medieval constructions up to the 15th century buildings and 17th Century Baroque churches and palaces. With our guide we will visit the most important sites of this area, the must on the list: The Greek Theatre, built in the 3rd Century by the Greeks and later on remodelled by the Romans. The theatre is the second largest in Sicily and is frequently used for operas and concerts. We will also enjoy a visit to the courtyard of Palazzo Corvaja, a medieval

Sicilian palace, dating back to the 10th century. This magnificent palace was originally built by the Arabs and takes its name from the Corvaja family, who were among Taormina's most important aristocrats. After our visit of the palace we will enjoy some time to wander through the public gardens before returning to our hotel.



Free evening (dinner own arrangements).

(B, L)

Saturday 1st November 2025 - TAORMINA
Enjoy Breakfast in Hotel.

Experience Etna and its specialities with your local expert guide and driver – Duration 6 hours
Today you will enjoy exploring one of the greatest, most beautiful and active volcanoes in the world, considering that it has been erupting for several million years. With our guide we will discover so much about this volcano and its secrets...This volcano has more than 400 craters!! During our drive to Mt Etna we will admire quite a few Sicilian towns and visit some old lava flows. We will reach 2.000 meters (7.000 ft) where we will walk together to visit the “**Silvestri**” craters (1986) and the latest new lava flows and craters from dated between 2001 and 2003. After our walk we will visit a local farm where we will enjoy a delicious tasting of some of the local products, Etna wine, almond pastries, olives, extra virgin olive oil and different flavours of honey. After our visit here we will continue to another estate where we will enjoy some local wines before heading down the mountain and stopping for a visit of the village of Giardini Naxos famous for its beaches, panoramic view of the bay and surrounding hills.



Free evening (dinner own arrangements).

(B, L)

Sunday 2nd November 2025 - TAORMINA
Enjoy Breakfast in Hotel.

Day at Leisure to enjoy Taormina on your own...

Farewell Dinner at Aranciara restaurant – 3 courses meal beverages included...



(B, D)

Monday 3rd November 2025 – TAORMINA/CATANIA DEPARTURE

Enjoy Breakfast in Hotel.

Check out of your Hotel and settle all extras direct...

Private Minivan transfer with English speaking driver from Taormina to Catania airport...

(B)

Arrivederci e Buon viaggio!

Features and Inclusions

- Meredith as your personal host throughout the tour
- 3 nights' accommodation at 4 star hotel in Palermo <https://piazza Borsa.it/>
- 3 nights' accommodation at 4 star hotel in Taormina <https://www.hotelvillataormina.com/>
- 4 night Anna Tasca Lanza cooking school Signature Experience with accommodation <https://annatascalanza.com/>
- Fully escorted excursions and sightseeing visits as described in the itinerary
- All entrance fees/tickets to listed visits
- Private English speaking guides for Palermo and Taormina tours
- Cooking class at Palazzo Lanza
- Mt Etna tour followed by wine tasting and lunch
- Private transfers throughout with English Speaking driver
- All meals as outlined in the itinerary including 10 breakfasts, 8 lunches, 6 dinners (with beverages*)
- Minivan transfer with English speaking driver from Taormina to Catania airport on the final day

**Please note that meals do include a limited amount of beverages (wine, water, tea/coffee), however additional beverages and snacks are not included in the tour*

COST

\$13,800 per person/twin share (excludes airfares and taxes)

Deposit

AUD \$3,000 per person upon booking
(Non-refundable)

Final payment is due no later than 18th July 2025

TERMS & CONDITIONS

Final payment is due no later than 18th July 2025. Cancellations of bookings will be subject to AUD \$3,000 per person cancellation fee plus any charges imposed by the principals operating the tour. Cancellations after final payment can be up to 100% cost of the tour.

Prices specified are based on tariffs applicable at the time of printing; these may be subject to change without prior notice until final payment date. Group cost quoted for this tour is based on a minimum of 8 guests. If the minimum number of guests is not reached the tour will be cancelled and deposits will be refunded to those that have paid. Itinerary and accommodation subject to change.

Please note that you the rooms at hotels may vary in size and style. There are some rooms which have stairs to reach them - if you have an issue with being allocated a room with stairs, please inform at the time of booking and every effort will be made to allocate you a room with no stairs.

If Meredith Morschel is not able to fulfil her commitment as host due to illness or death, either to themselves or of a family member, then a suitable replacement will be engaged to host the tour in their place. Cancellations will not be accepted in the unlikely event of this happening.

Travel Insurance

It is a condition of booking that you, the traveller, purchase travel insurance which provides cover for such things as pre-tour cancellation, personal accident and sickness (including COVID), medical expenses, emergency evacuation/repatriation, loss of luggage and personal effects.

Travel documents

Travel documents/Vouchers will be sent via email 30 days prior to the traveller's arrival in Italy.

Refunds

All refunds will be processed within 30 days of cancellation.

Visa/entry requirements

It is the traveller's responsibility to ensure they have the correct visa and meet all entry requirements into Italy.

Unforeseen circumstances

Avanti Italy and its suppliers intend to provide you with all services as mentioned in the tour itinerary. In rare cases, when it is not possible to fulfill a service due to availability of requested service, we will provide a suitable alternative comparable in price and standard.

If any event beyond control of Avanti Italy and its suppliers occurs, whether it be airport or seaport closures, war or terrorist threats, civil unrest, or any other unforeseen circumstance, causing either delays or change of vacation arrangements, Avanti Italy cannot accept liability for any resulting loss, damage or expense and any refund will be subject to deduction of reasonable expenses.

Photography

In booking this tour, you agree with allowance of your photograph to be taken on tour and that it can be used for marketing/promotion purposes.

Please note that your booking is not secured until the booking form has been completed and returned and deposit payment has been made.

CONTACT

For further information contact, Emily Tassone at Avanti Italy

E etassone@avantiitaly.com M 0400 823 508 W www.avantiitaly.com